

# State of South Carolina

## Governor's Proclamation

**WHEREAS,** the ten leading causes of death in South Carolina are heart disease, cancer, stroke, accidents, chronic lower respiratory disease, diabetes, Alzheimer's disease, pneumonia and influenza; nephritis and septicemia; and

**WHEREAS,** these diseases account for over seventy-seven percent of all deaths in the state and are affected by risk factors such as obesity, poor nutrition, smoking, lack of exercise, alcohol misuse, stress, and lack of preventive health screenings; and

**WHEREAS,** these risk factors can be prevented or alleviated by lifestyle changes such as involvement in regular exercise programs, prudent nutritional practices, smoking cessation, reduction of alcohol intake, increased awareness and positive management of stress, and chronic disease screenings; and

**WHEREAS,** early detection not only saves lives and enhances the quality of life for the patient but also decreases the cost of health care for all South Carolinians.

**NOW, THEREFORE, I,** Mark Sanford, Governor of the Great State of South Carolina, do hereby proclaim April 2005 as

### HEALTH PROMOTION, DISEASE PREVENTION, AND EARLY DETECTION MONTH

throughout the state and encourage all South Carolinians to become more involved in healthy lifestyle practices.



A handwritten signature in black ink, appearing to read "Mark Sanford".

**MARK SANFORD**  
**GOVERNOR**  
**STATE OF SOUTH CAROLINA**